

Pre-Procedure Instructions

7 days prior to surgery

- You must stop all blood thinners (aspirin, ibuprofen, Plavix, Coumadin, etc.) prior to surgery. Contact your cardiologist or the physician that prescribed them to you to let them know you are having surgery so they can tell you how far in advance to stop taking them. (See 2 days prior for Eliquis instructions)
- Stop taking all vitamins and supplements. *Common supplements include: fish oil, garlic, ginkgo, ginseng, kava, feverfew, valerian, turmeric, resveratrol*
- Stop taking Weight Loss medications (Phentermine, etc.)
- The week before your procedure we will call in your post-operative pain cream. (Link to post-operative pain relief)

4 days prior to your surgery

- No shaving or hair removal at or around the area where you will be having surgery.
- Make sure you have picked up your prescriptions from the pharmacy along with a bottle of Mag Citrate.

2 days prior to your surgery

- Stop taking Eliquis.
- Make sure you have picked up your bowel prep and prescriptions from the pharmacy.

The day before your surgery

- Begin drinking a clear liquid diet, starting the moment you get up.
- No solid foods, cream or milk products.
- All clear liquids can be any color except red, purple or orange.
- Popsicles, Jell-O, Fruit Juices, without pulp (apple, white grape, white cranberry, etc.), or clear soft drinks.
- You may also have clear broth, bouillon and hard candy.
- 4pm – Start your bowel prep (Instructions below)

The day of your surgery

- Do not smoke
- Do not eat or drink anything.
- You may brush your teeth.

The day of discharge

- When you are discharged after your surgery, you, the patient, will not be permitted to drive a car or leave the surgery center or hospital unattended.
- It is necessary to make arrangements for a responsible adult or caregiver to drive you home after discharge.

You will receive a call from the Pre-admission nurses prior to your scheduled surgery to confirm your medical history and schedule preoperative testing which includes a Covid-19 test. If you have not heard from Pre-admission nurse 3 days prior to surgery, please call 843-965-8205.

Suprep Bowel Prep

FOLLOW THE DIRECTIONS BELOW.

Disregard the instructions from the pharmacy and/or on the box of SUPREP®.

- **At 4pm begin the first dose of SUPREP®.**

Step 1:

Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.



Step 2:

Dilute the SUPREP by adding cool drinking water to the 16-ounce line on the container and mix.



Step 3:

Drink **ALL** the liquid in the container.



Step 4:

You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.



- **At 8pm begin your 2nd dose by repeating Steps 1 through 4.**

Post-Operative pain relief

You have been prescribed a pain cream from Tidewater Pharmacy in Mt. Pleasant. This is a compounded cream that was developed by our doctors and the pharmacist at Tidewater to best meet your pain needs after surgery.

- Tidewater will call you to go over your personal information, including insurance, payment, shipping, and telephone numbers.
- This cream is generally not covered by insurance.

Tidewater Pharmacy
421 Johnnie Dodds Boulevard
Mt. Pleasant, SC 29464

Pre-Services and Financial Responsibility

Thank you for entrusting your care to us – we look forward to providing the best possible experience for you and your family during your upcoming procedure. To help you plan for your surgery, we have outlined what to expect from our Financial team.

Prior to your day of procedure, you will be contacted by the RSFH Pre-Services department. The representative will verify your insurance coverage and provide you with your estimated combined financial responsibility for the hospital and physician component of your procedure. Collection on this amount will be made during this call.

In addition, the representative will also explain that you may receive bills from Anesthesia, Radiology and Pathology Physicians that provide services during your visit.

If you have not received a call prior to your procedure, please call our financial services department at 843-402-5100. If you have any additional questions related to your upcoming surgery, please contact Kristi at 843-958-1281 option 4.

Thank you

843-375-6310